

Autumn/Winter Menu 2

AM Snack	Lunch	PM Snack
Cereal with Milk	Baked Macaroni and Cheese	Banana Cake Loaf
Fruits & Water	Mixed Vegetables	Fruits & Water
	Fruits & Water	
Yogurt with Granola Or Cereal	Stir Fry Mixed Vegetables with Eggs	Cheese Slice on Crackers Vegetable Sticks
Fruits & Water	Fruits & Water/Milk	Water
Tea Scones with Milk/Water & Fruits	Grilled Cheese & Chicken Sandwich	Oatmeal Cookies with Milk/Water & Fruits
	Fruits & Water	
Cereal with Milk	Vegetable Minestrone Soup	Turkey Slice Sandwich
Fruits & Water	Pita Bread or Crackers	Vegetable Sticks
	Fruits & Water	Water
Cinnamon Toast Milk/Water & Fruits	Spaghetti with Vegetarian Fruit & Water	Chocolate Cake Milk/Water & Fruits